



Mid Maine Medicine

905 Main St  
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Dear Valued Patient,

As a patient with two or more chronic conditions, you may benefit from a new program that Mid-Maine Medicine is now offering Medicare patients. This new program is called Chronic Care Management (CCM). This new model of care is designed to improve the planning of your health care with a focus on your overall well-being. CCM services are provided by our care team here at Mid-Maine Medicine.

Together, we will develop a care plan to serve as an on-going review of your health care needs, goals and progress. Your care plan will also help us understand and address any barriers to achieving your goals.

Our goal with this program, is to make sure you get the best care possible from everyone involved in your care. We can help plan your visits with other providers; we can talk to you on the phone about your symptoms; we can be your partner in decisions regarding your health, your care and lifestyle changes. In addition, your team will teach you how to better manage your chronic conditions and help you find community resources.

The Nurse Care Manager heading your team is [Kristin Jordan](#). She can be reached at [873-1098](#), if you have any questions or concerns. Although you may or may not come into the office every month, your Nurse Care Manager may do work behind the scenes to assure you receive the best and most informed care from all providers. Your Medicare Explanation of Benefits (EOB) will reflect a charge for this work. Medicare will allow us to bill for these services during any month in which we have provided at least 20 minutes of non-face-to-face care for you and medical conditions. You may be responsible for a copayment. Many secondary insurances will cover this copayment.

By partnering together we can minimize hospitalizations, emergency room visits, improve your quality of life and decrease overall costs to you. Your time and health are valuable and we hope you will consider participation in the CCM program with our practice.

Sincerely,

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### CONSENT FOR CHRONIC CARE MANAGEMENT

You agree and consent to the following:

- Be an active participant in the program and sign the consent annually
- Help develop a care plan and work with your assigned Nurse Care Manager on how to better self-manage your chronic conditions and to meet your goals.
- Allow us to bill Medicare for this CCM program. The fee for this service allowed by Medicare is \$45-\$95, of which your portion may be \$9-\$19. Many secondary insurances will cover this copayment. Our office will maintain a record of our time spent helping manage your care if you ever have a question about what we did each month.
- Allow us to share your health information electronically with others involved in your care, as needed.
- Only one provider can bill you for this service each month. If another provider has offered to provide you with this service and is better able to treat you and all your conditions, please let us know.

You have the right to:

- Receive a copy of your comprehensive care plan, so you can be as healthy as possible.
- Discontinue this service at any time for any reason. Your signature is required to end your chronic care management services. Please ask any of your team members for the CCM termination form.

I agree to participate in the Chronic Care Management Program at Mid-Maine Medicine.

Yes \_\_\_\_\_

No \_\_\_\_\_

\_\_\_\_\_

Patient Signature

\_\_\_\_\_

Date